

Goal Setting after Self-Assessment

Name _____ Date _____

Self-Assessment Summary Reflection Questions

<p>List a few strengths you identified in the self-assessment.</p>	
<p>Write a statement that broadly encompasses the idea of what you want to accomplish. You may have many goals, but list your number 1 priority here.</p>	
<p>Why this goal? Think about your self-assessment and/or gaps, problems, dreams, or ambitions that have led you to this goal.</p>	
<p>Who is impacted by this goal?</p>	
<p>What do you want to happen because of this goal? Think about what the result will be. What will it look like, not how you will make it happen.</p>	[RESULT OR OUTCOME]
<p>What do you need to change or do to achieve this goal? Think about what you need to learn, apply, or do to achieve this goal.</p>	[BEHAVIOR/CONDITION CHANGE]

Write a brief goal statement using your answers above.

[RESULT OR OUTCOME]	[BEHAVIOR/CONDITION CHANGE]

Individualized Professional Development Plan (IPDP)

Kansas Early Childhood Care and Education Professionals

Name _____ Date _____

Let's break down the steps that are needed to accomplish your goal.

- Action Verb:** Describes how something will change.
- Measurement:** How much change is needed (number, percentage, minutes).
- Observable Action:** Be specific and use strong action verbs or phrases. Avoid vague words like "know more," "enjoy."
- Time Frame:** By when will this action be accomplished?

GOAL STATEMENT		DATE IPDP CREATED		
NAME OF SELF-ASSESSMENT COMPLETED				
Action Steps	Action Verb	Measurement	Observable Action	Time Frame
1				
2				
3				
4				
5				

Professional Development and Resources Needed

Do you need professional development (in-service training, higher education, technical assistance) to help you meet this goal? If yes, in what content or topic area?

What resources or materials will you need to support your progress toward this goal?
