

## teach



- Remember: **repetition and consistency**.
- Do you sing? You can teach just about anything if you sing it!
- **Children are visual learners** and using pictures can help teach new concepts.



## embrace

Allow children to **FEEL** -

- **Acknowledging** the feeling and naming it can help to some.
- For others, it's better to offer **space and time** and come back when they're calm.

## acknowledge



- Answer children's questions **honestly**.
- Use words to **positively name** emotions, actions, behaviors, etc.
- We often want to see what we believe - this is called **confirmation bias**.

## model



- **Imitation** is a powerful way of learning for children!
- 80% of our communication is through **body language** - children see our posture and listen to our tone of voice.

### Remember:

**T E A M is not always going to happen in that order - it's not meant to!**

### Need more information? Connect with us!

Send us your questions and comments to [kidsthesedayspod@gmail.com](mailto:kidsthesedayspod@gmail.com)

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