

- KIDS THESE DAYS -



Every Behavior is a Request for Something



observe

Focus on children's **objective**, **observable behaviors and actions**.

We begin to gather information about a child to better **help them** become kind, productive humans!

This is also a great opportunity to become self-aware of any Add a little bit of body text unconscious biases.



Confirmation Bias

Our brains are wired to seek out information that CONFIRMS what we know and believe!

We tend to ignore information that challenges our beliefs.

Thus, we are more likely to focus on our own bias view of a child.



HALT

Dig deep - why is the child behaving or acting a certain way?

Is the child:

Hungry

Angry

Lonely Tired



Reflect

What is the **reason** behind a child's behavior?

Do you have **underlying biases** about a child or about a behavior?

YOU have the power to change your perception of a child!



what do I do?

When we **OBSERVE** and **REFLECT**, we begin to **SEE** what drives a child's behaviors.

These are our **road maps** to help us guide, nurture, and support children.

Remember: every behavior is a request or a need for something.

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