



## My Goals

Updated: 11/16/2018

<b>Goal 1:</b>	
Why did I choose this goal? Is it related to my self-assessment? If so, describe.	
Who/what resources do I need to help me achieve this goal?	
How will I measure progress?	
What is the timeframe I have given myself to complete this goal?	When will I check on my progress?

Can I realistically achieve this goal in the timeframe I have set for myself? (If not, remember to make goals S.M.A.R.T.)

<b>Goal 2:</b>	
Why did I choose this goal? Is it related to my self-assessment? If so, describe.	
Who/what resources do I need to help me achieve this goal?	
How will I measure progress?	
What is the timeframe I have given myself to complete this goal?	When will I check on my progress?

Can I realistically achieve this goal in the timeframe I have set for myself? (If not, remember to make goals S.M.A.R.T.)

<b>Goal 3:</b>	
Why did I choose this goal? Is it related to my self-assessment? If so, describe.	
Who/what resources do I need to help me achieve this goal?	
How will I measure progress?	
What is the timeframe I have given myself to complete this goal?	When will I check on my progress?

Can I realistically achieve this goal in the timeframe I have set for myself? (If not, remember to make goals S.M.A.R.T.)